This simple schematic map of Central London’s cycle lanes makes it easy for you to plan your journey in a quick easy to understand manner.

OUR MISSION
To encourage and support those who wish to travel by their wheels.

AGE OF PRIMARY USERS
10 | 20 | 30 | 40 | 50 | 60 | 70 | 80

*Where will you feel most comfortable?*

Want to advertise with us?  
@RoutePlanRoll

**ADVERTISE HERE**

**CENTRAL**

**PICK UP FOR LATER:**  
**BAKERY:** Beyond Bread Fitzrovia W1T 1SB  
**- Aux Pains de Papy Kings Cross WC1X 8EE**  
**GREENROCKERS:** The Fruit Tree Great Suffolk Street SE1 1PE  
**BUTCHERS:** Porterford Butchers City of London EC4H 6JX  
**- The Ginger Pig Borough Market SE1 1TL**  
**- Smithfield Butchers Smithfield Market EC1A 5LP**  
**DESTINATIONS:**  
**CAFÉS:** Kaffeine Fitzrovia W1W 7JQ  
**- Bloomsbury Coffee House Gordon Square WC1H 9RE**  
**- Prufrock Hatton Garden ECIN 7TE**  
**- Ozone Coffee Roasters Old Street EC2A 4AG**  
**- Brikk Esmouth Market ECIR 4OJ**  
**BIKE SHOPS:** Fully Charged Electric Bike Shop Bermondsey Street SE1 3JW  
**- Action Bikes Embankment WC2N 6NN**  
**- Cloud 9 Cycles Bloomsbury Street WC1E 7DB**  
**- Fulfility Cycles Hatton Garden ECIN 71R**

**NORTH WEST**

**PICK UP FOR LATER:**  
**BAKERY:** Paul Rhodes Notting Hill W11 3HY  
**BUTCHERS:** Sheepdrove Maida Vale W9 1SZ  
**- Abasto Connaught Village W2 2BS**  
**- C Lidgate Notting Hill W11 4UA**  
**DESTINATIONS:**  
**CAFÉS:**  
**DI Food Coffee Maida Vale NW8 8JN**

**SOUTH EAST**

**PICK UP FOR LATER:**  
**BAKERY:** Battersea Bridge SW11 3EJ  
**- Tomtom Coffee House Ebury Street SW1W 9GD**  
**BIKE SHOPS:** Brixton Cycles Brixton SW9 6AG  
**- Apex Cycles Clapham SW4 7JR**  
**- Balfie’s Bikes Kennington SE11 4LQ**

**SOUTH**

**PICK UP FOR LATER:**  
**BAKERY:**  
**- The Old Post Office Bakery Clapham SW9 9HP**  
**- Pollaine Belgravia SW1W 9PA**  
**BUTCHERS:** M. Moen & Sons Clapham Common SW4 0JA  
**- Dugard & Daughters Herne Hill SE24 0EZ**  
**- Jones Butchers Herne Hill SE24 0NT**  
**DESTINATIONS:**  
**CAFÉS:** Federation Coffee Brixton SW9 8PS  
**- Brickwood Coffee & Bread Clapham SW4 7AB**  
**- Italo SW1W 9QD**

**NORTH EAST**

**PICK UP FOR LATER:**  
**BAKERY:** Better Health Bakery Haggenston E8 4ED  
**- ES Bakehouse London Fields E8 2PN**  
**- Binkoff Whitechapel E1 3BS**  
**- Yeast London Fields E8 3RL**  
**GREENROCKERS:** Hussey’s Wapping E2 2RL  
**- Hoxtun Fruit & Veg Henxton N1 6RA**  
**- Newington Green Fruit and Vegetables Newington Green N1 4QY**  
**- BUTCHERS:** Hussey’s Wrapping E2W 2RL  
**- Hill & Skroz Broadway Market E8 4QG**  
**- Ginger Pig Victoria Park Village E9 7HU**  
**DESTINATIONS:**  
**CAFÉS:** Climpson and Sons Cafe Broadway Market E8 4PH  
**- Taylor St Baristas Canary Wharf E14 1PZ**  
**- Reilly Rocket Dalston E8 4AU**  
**- Exmouth Coffee Company Aldgate East E17QX BIKE SHOPS:** London Bike Kitchen Hoxton Street N1 5QA  
**- Mamachari Dalston E8 3DL**  
**BIKE SHOPS:**  
**- Better Health Bakery Shoreditch E14 4PZ**  
**- Taylor St Baristas Broadway Market E8 4QG**  
**- Binkoff Whitechapel E1 3BS**  
**- Giant Store Canary Wharf E14 9JP**